

TREATMENT SKIN COMFORT FOR COUPEROUSIS



Couperose skin is characterised by experiencing burning, tightness, stinging, redness and especially broken small veins or capillaries which make the skin look extreme fragile.

The main aim is to add hydration, comfort and elasticity to your skin, giving it a greater resistance to external aggression.

USE OF TREATMENT:

The treatment is recommended for couperose skin. It reduces redness and strengthens capillaries to avoid them breaking.

FREQUENCY OF TREATMENT:

Once per month.

STEP BY STEP

(Length of treatment: 45-50 min)

- 1 First apply **Fresh Cleansing Fluid** a gentle make-up remover. It removes the make-up and any excess oils that build-up on the surface of the skin during the day.
- 2 Next, **Refreshing Toner** is an alcohol-free toner especially suited to sensitive skin which refreshes, soothes and normalises the skin.
- 3 Exfoliate with **Frappé di Vite** to remove any dead skin cells and help the penetration of the active ingredients of the treatment. Apply it using circular movements for three minutes. Remove with moist gloves.
- 4 Perform a facial massage for 10-15 minutes with **Vitalizing Massage Cream**. After the massage, remove any leftover cream.
- 5 Once the skin is clean and dry, apply **Moisturising Facial Concentrate**.
- 6 Apply **Modeling Firming Mask**. To prepare it, mix one sachet of the mask with one measure of water (measurer supplied with the product). Mix vigorously to obtain a smooth mixture and apply rapidly to the face. Leave it to work for 15-20 minutes. The mask has a cryogenic effect which means it is decongestant, firming and soothing.
- 7 After this time, take the mask off in one piece.
- 8 Lastly, apply **Eye Contour Gel Cream** to the eye contour.
- 9 As a specific treatment for the area affected by couperosis, apply **Stop Redness** cream.
- 10 Apply **Calming Day Lotion** to the rest of the face.



Ongoing care at home: Couperosis

Cleanse	Fresh Cleansing Fluid Soft Cleanser. Removes make-up and excess oil. Alcohol-free. Apply the product to the face and neck. Rinse off with plenty of water or with cotton wool soaked in toner. Use: morning-night
Tone	Refreshing Toner Perfume and alcohol-free balancing toner which refreshes, soothes and normalises the skin. Apply the product with cotton wool to the face, neck and décolleté. It helps to remove the cleanser and leaves the skin free of any product or natural oils. Use: morning-night
Treatment for Eyes	Eye Contour Gel-Cream Specific treatment for the eye area, a particularly fragile and sensitive part of the face. The formula helps to fight against the signs of fatigue, dark circles and bags under the eyes. Apply around the eyes. To treat wrinkles, apply the product against the wrinkle to assist penetration. Apply on the under bag eyes with a soft pumping movements from the corner of the eye towards the temples. Use: morning-night
Anti-redness treatment	Stop Redness Treatment which acts on redness and couperosis. Contains antioxidant and anti-irritant oat extract and Gatuline A which soothes and homogenises the skin. Apply to problematic area or as a regular treatment cream all over the face. Use: morning-night
Night-time treatment	Skin Restore Plus Active treatment which works on redness. Apply to clean face, neck and décolleté after usual cleansing. Use: morning-night
Day-time treatment	Calming Day Lotion Super-hydrating and soothing, fragrance-free lotion. Specially formulated for sensitive skin. Contains seaweed and vegetable extract, vitamins and hyaluronic acid. Apply to face, neck and décolleté, to clean skin in the morning.