

BRUNO VASSARI LAB|BIOTICS

PROBIOTIC TREATMENT



The vast majority of troubles that appear on the skin are caused by alterations of the cutaneous surface that affect the epidermal barrier and the microorganisms that defend it. So the skin gradually loses its capacity of defense, allowing the pass of irritating agents towards the dermis, provoking the production of free radicals and premature ageing of the skin.

With the use of pre/probiotics, we re-establish the balance of the beneficial cutaneous flora in order to repair and improve the defense, and decrease the irritation and sensitivity of the skin.

INDICATIONS OF THE TREATMENT

Indicated for all types of skin, especially **damaged or sensitive skins**.

FREQUENCY OF TREATMENT

Undertake a weekly session for 6 weeks.

STEP BY STEP

(Duration of treatment: 60-70 minutes)

- 1 We begin the treatment impregnating some cotton wool with **Bio-Douce** to gently remove make-up from the lips and eyes.
- 2 Then we cleanse the skin with the **Extra Rich Cleansing Foam**. We use 3 doses spreading the product with circular movements on the face, neck and neckline, removing it afterwards with dampened mittens.
- 3 We then impregnate some cotton wool with **Daily Mist Toner** sliding them over the skin to complete the cleansing and toning.
- 4 We apply a layer of **Papain Enzymatic Resurfacer** with a brush and leave the exfoliating product to work for 10 minutes, removing it with mittens dampened in hot water. We work the product with the fingertips if there is an intense and stinging freshness.
- 5 In a bowl, we put 5 ml of **Glucosyl Hesperidin + Niacinamide Massage Gel** that we spread in a thin layer over the skin with a fan brush brush. We do a facial massage and then remove the remains of the gel with a towel dampened with hot water.
- 6 With the skin completely clean we apply the **Pro-Concentrate** with gentle movements until it is totally absorbed.
- 7 We then apply the treatment mask. To start, we open the two corresponding sachets, placing their contents in two separate bowls and we apply them in two stages:
Stage 1: we apply the **Peel-off Mask Cream** with a spatula so that there is a perfectly uniform layer and the outlines are well defined.
Stage 2: We apply the **Fixing Gel** over the **Peel-off Mask Cream** with a fan brush brush. To achieve a perfect seal we massage this gel for a few moments with the fingertips.
- 8 After 20 minutes of exposure we remove both masks together and cleanse the skin if necessary.
- 9 We then carry out a spray treatment with **Daily Mist Toner**, followed by some tapping on the skin and some gentle pressure with our hands to move and optimise the actives more quickly.
- 10 We complete the treatment applying **Peptide Eye Contour Gel-Cream** on the contour of the eyes and **Lactis Advanced Cream** as a face cream.

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Follow-up at home:

Cleansing

Extra Rich Cleansing Foam

Cleansing foam that helps, bio-selectively, the development and balance of the cutaneous flora.

Extend 2 dosages on the face, neck and neckline with circular movements. Remove with a mitten dampened with water

Application: AM - PM

Toning

Daily Mist Toner

Multifunctional toner that refreshes, moistens and activates the natural defences of the skin.

Apply on the face, neck and neckline with some cotton wool or by spraying on the area to be treated.

Application: AM - PM

Day/Night treatment

Lactis Advanced Cream

Regenerating cream rich in pre- and probiotic actives that reactivate cellular renewal, strengthening the natural barrier of the skin, while providing deep moisturisation and revitalisation.

Apply on the perfectly clean and prepared skin.

Eye treatment

Peptide Eye Contour Gel-Cream

Eye contour gel. It treats the bags under the eyes and stimulates the production of collagen in a mature skin.

Apply in the outer zone of the contour of the eyes with gentle tapping.

Application: AM - PM

Treatment for sensitive skins or with atopic tendency

Dermal Skin Relief

Facial cream indicated for the care of more reactive and fragile skins. It restores the cutaneous barrier, alleviates irritations and feelings of discomfort.

Apply 1 or 2 times per day, depending on the skin necessity. Always after the cleansing of the skin.