

GLOBAL FIRMING CARE



As the years go by our skin gradually loses its elasticity due to the slowing-down of the synthesis of proteins that form the collagen and elastin, which are responsible for giving support to the cutaneous tissue. In other words, the production of collagen and elastin is not enough to maintain the tissue firm. That is when facial flaccidity appears. **Bioceuticals** is the perfect solution to decrease the impact of facial flaccidity, improve firmness and avoid premature ageing of the skin. It is a firming treatment with an immediate lifting effect that will provide lightness to even the most dulled skins.

INDICATIONS OF THE TREATMENT:

Ideal for all types of skin, especially those mature skins with flaccidity signs that seek a short-term lifting effect and want long-term firming.

FREQUENCY OF TREATMENT:

Undertake a weekly session for 6 weeks.

STEP BY STEP

(Duration of the treatment: 60-70 minutes)

1. Start the treatment removing make-up gently with cotton wool impregnated with **Bio Douce**.
2. Then cleanse and tone up with the products that best adapt to the type of skin.
3. With the skin clean, prepare the peeling. To do this, we pour the content of one sachet of stage 1, **Green Tea Exfoliating Powder**, in a small bowl and add 15 ml of warm water, stir well with a spatula until achieving a perfectly uniform mixture. Then add 5 ml of stage 2, **Natural AHA Cocktail** and once again stir well until achieving a uniform mixture. Apply the mixture using a brush on the face, neck and décolleté, avoiding the area of the eyes contour.
4. Once applied, make gentle circular movements moistening the fingertips repeatedly in order to facilitate movement. After the exfoliation, leave the product exposed for a few minutes and remove it using sponges and abundant warm water.
5. Immediately carry out a facial massage with **Vitalizing Massage Cream** applying the cream with a fan brush and leaving it exposed for a few minutes. Then continue with the facial massage movements.
6. After the massage, remove the cream with a towel dampened with hot water.
7. Next apply **Retinal + DMAE Concentrate** and massage until it is all totally absorbed.
8. Then apply the **Stay Tight** face mask using a brush. Leave it in exposure for 5 minutes after which cover the area with a wet hot towel. Leave it to work for 10 more minutes.
9. After the exposure time, remove the face mask with mitts dampened in warm water.
10. Next apply the **Lift Intensive Cream**.
11. Complete the treatment with the protective cream **Every Day Protection SPF 40**.

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Follow-up at home:

Day treatment

Lift Intensive Cream

Firming facial cream formulated with two actives that are key to its functioning: a complex of oil-extracted actives that help improve the overall quality of the skin and the effects of inherent and chronological ageing, and DMAE active that possesses a powerful tensing action that fights against flaccidity and decreases the formation of wrinkles.

Apply in the morning and/or night after regular cleansing.

Every Day Protection SPF40

Daily protective and moisturizing cream. With extremely light texture and ideal for all types of skin.

Apply every morning after the cleansing of the skin.

Intensive treatment

Ferulic + Vit C + DMAE Concentrate

Firming and antioxidant concentrate, with 15% pure vitamin C (ascorbic acid) that helps fight loss of firmness, as well as improving the appearance of expression lines and wrinkles. The skin also recovers brightness and its natural tone.

Apply in the morning before the daily treatment cream.

Lift Intensive Serum

Remodelling and firming facial serum formulated with white lupine extract, Centella asiatica plant growth factors and DMAE. It is especially indicated for combating the signs of ageing on the face and neck, improving skin firmness and elasticity and redefining the facial contours.

Spread uniformly over the face, neck and décolleté and continue with a light tapping until total absorption.

Ref. 7034



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