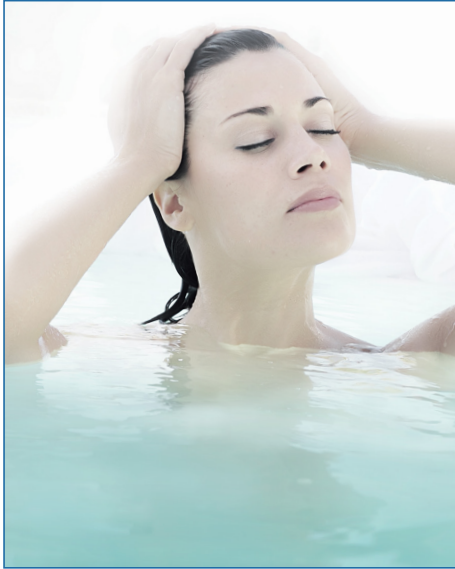


AQUA GENOMICS TREATMENT



The skin is an active metabolic organism that, in order to maintain its elasticity and conserve the integrity of its barrier function, it needs water as an essential component. As the skin matures, the dermic barrier (hydrolipidic layer) gradually shows wear and tear, causing the skin to become increasingly drier.

Several factors such as the lack of substances that retain the water, excessive dryness from the air or the damaged barrier function all increase transepidermal water loss. Thus the skin becomes drier, rough, dull, and wrinkles are more visible.

INDICATIONS OF TREATMENT:

Indicated for dehydrated skins, to maintain the level of moisturisation in the skin and for periods of the year in which the skin is exposed to higher temperatures.

FREQUENCY OF TREATMENT:

Undertake a weekly session for 5 weeks.

STEP BY STEP

(Length of treatment: 60 minutes)

- 1 Begin the treatment removing the make-up from the eyes and lips with the bi-phase **Bio-Douce** make-up remover. Impregnate some cotton wool and gently remove the make-up from these areas.
- 2 Then cleanse the face, neck and neckline with the **Aqua Cleanser** cleansing milk. Work with circular movements for a few minutes and remove it with dampened gloves.
- 3 Then apply the **Aqua Toner** impregnating some cotton wool and sliding them over the skin. Finally make some stimulating touches with the same cotton wool.
- 4 With the skin totally clean, apply the **Enzymatic Peeling**. Mix 15 g of powder from the sachet with 20 ml of water until achieving a uniform mixture. With a brush apply a uniform and not too thin layer. Leave exposed for 5 to 10 minutes, maintaining the product damp in order not to lose its effectiveness.
- 5 After the time, remove the product leaving the skin perfectly clean. It may need two or three rinses.
- 6 After the peeling, the skin is perfectly prepared to receive the next step of the treatment, the massage with **Vitalizing Massage Cream**. Apply the product and leave exposed for one minute. Rub the hands energetically and begin the facial massage.
- 7 After the massage, remove the cream with a towel dampened in hot water.
- 8 Then apply the concentrated **Hydratant Concentrate** until it is completely absorbed. Its fluid texture rich in moisturising agents will provide great smoothness and softness to the skin.
- 9 Continue the treatment applying the **Mask with Sea Water**, specific for this treatment. To prepare it, mix all of one sachet (30 gr) with 95 ml of fresh water. Mix energetically to obtain a uniform mixture and apply quickly to the face, neck and neckline, covering the eyes and mouth beforehand. Leave exposed for 15-20 minutes.
- 10 After the exposure time remove the mask in one single piece.
- 11 The treatment ends by applying the suitable eye according to the client's problem and **Aqua Sorbet Rich** on the face, neck and neckline.

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Follow-up at home:

Cleansing

Aqua Cleanser

Cleansing milk with emollients and moisturisers that maintain the balance of the skin.

Emulsify over the face, neck and neckline with circular movements and remove with a towel dampened with water.

Application: AM-PM

Toning

Aqua Toner

Gentle and refreshing toner that moisturises and normalises the pH of the skin after cleansing.

Moisturise some cotton wool and apply on the face, neck and neckline. Dry with a tissue.

Application: AM-PM

Day treatment

Aqua Sorbet Light o Aqua Sorbet Rich

Depending on the age and degree of dehydration of the skin, apply the light or rich texture.

With the skin clean, apply to the face and neck, spreading it perfectly.

Night treatment

Skin Restore Plus

Repair action cream of the hydrolipidic layer that improves moisturisation providing elasticity and comfort to the skin.

Apply with the skin clean.

Eye treatment

Eye Lift-ox

Light cream that activates micro-circulation, with anti-radical effect and improves the appearance of baggy eyes.

Apply gently on the contour of the eyes.

Application: AM-PM

Weekly treatment

Soft Refiner

Gentle exfoliant of regular use adapted to all kinds of skin.

Apply with the skin damp and make circular movements. Rinse with water. Do twice a week.

Ref. 7965



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