

DEEP REGENERATING TREATMENT WITH ALPHA-HYDROXIACIDS



At the end of the summer our skin has special needs due to an excess of sun, sudden temperature changes and probably a more relaxed skin care habits. All these factors mean that our skin needs a deep regeneration to improve its general appearance and texture. After the summer period, these treatments prepare our skin to face winter in the best possible condition.

USE OF TREATMENT:

This treatment is suitable for post-summer, especially for dull and tired skin that is rough to the touch and has a build-up of dead skin cells.

FREQUENCY OF TREATMENT:

Twice a month after the summer to reduce the effect of the sun.

STEP BY STEP

(Length of treatment: 55 minutes)

- 1 Start the treatment by removing any make-up from the skin using **Fresh Cleansing Fluid**. Apply for a few minutes and remove using gloves.
- 2 Then tone with **Refreshing Toner**. Soak some cotton wool in the lotion to enhance the skin cleansing.
- 3 Apply the preparatory toner **AHA Skin Cleanser** to the clean skin. Moisten some cotton wool with the lotion and lightly apply over all the area to be treated.
- 4 Next, place the contents of the **AHA Glycolic Treatment** ampoule in a bowl and, using a fan brush, apply the product over face and neck. This application will deeply exfoliate the skin, maximising the absorption of the products that will be applied afterwards. Avoid the eye and lip area. Leave to work for 10 minutes.
- 5 After this time, remove the product making sure that no traces are left on the skin.
- 6 Continue the treatment by applying **Revitalising Facial Concentrate**. Gently massage it until the contents of the ampoule have been fully absorbed. Then apply the **AHA Multi-effect Cream**.
- 7 After the massage, prepare the seaweed **Firming Modeling Mask**. Mix a sachet of the mask with one part of water until you obtain a smooth mixture. Apply quickly over all the area to be treated. The mask can cover the client's eyes and mouth if they wish. Leave it to work for 15 minutes.
- 8 After 15 minutes, take the mask off in one piece. Detach the edges and start to remove it from the neck upwards.
- 9 To finish off the treatment, apply **AHA Multi-effect Cream** to the area treated.



Ongoing care at home: with Alpha-hydroxy acids

Cleanse	Refreshing Toner	
	Gentle cleansing milk formulated with vegetable extracts, which soothe and moisturise the skin.	Emulsify a small amount with water. Spread over face using circular movements. Wash off with water. Use: morning-night
Tone	Refreshing Toner	
	Gentle toner which moisturises and normalises the skin after cleansing. AHA Skin Cleanser Use as a toner for thick and photoaged skin for short periods of time.	Moisten cotton wool and apply to face, neck and neckline. Dry with a tissue. Use Toning Lotion: morning-night Use AHA Skin Cleanser: preferably at night
Night-time treatment	AHA Multieffect Cream	
	for normal skin and AHA Glycolic 10 for photoaged skin.	Apply to clean skin, spreading evenly over face and neck.
Day-time treatment	Skin Restore Plus	
	Facial cream that helps ease and relieve discomfort and irritation while helping to restore a healthy barrier to defend against future assaults.	Apply the cream to all the face, neck and neckline.
Treatment for Eyes	Eye Gel Cream	
	Gel cream for the eye contour, to treat bags and shadows under the eyes.	Apply a small amount to the outside corner of the eye and gently spread it over the whole eye contour. Use: morning-night
Weekly treatment	Scrub & Mask	
	Double-action mask that enables you to exfoliate and treat the skin. Due to the combination of exfoliant particles of perlite and white clay the skin remains clean, mattified and free of dead cells.	Apply a generous layer and massage dampening the fingertips. Leave exposed for a few minutes and remove with abundant warm water. Use twice a week.

