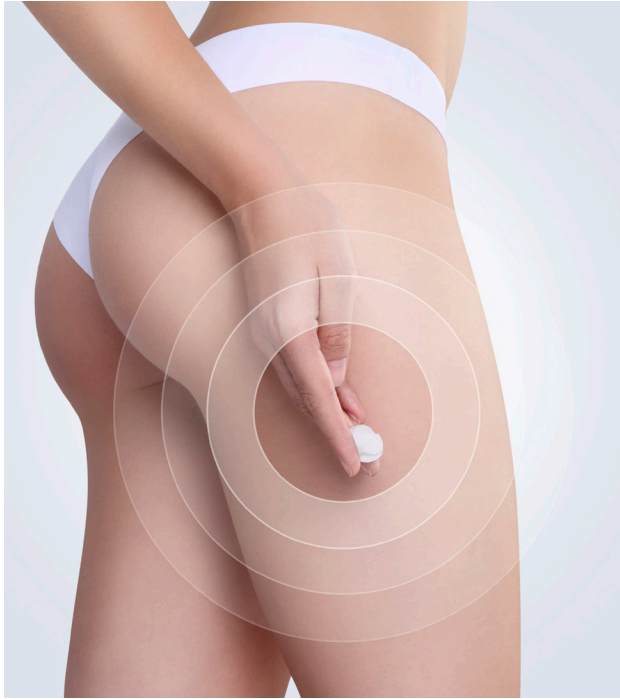


BRUNO VASSARI

BODY CARE

REDUCING TREATMENT PLASTER THERAPY



Plaster Therapy enables us to achieve fast and lasting results on tissues. Due to its occlusive and remodelling action, these are visible from the first session. From the first treatment we will obtain a reduction in volume and smoothing of the fatty tissue.

INDICATIONS OF THE TREATMENT:

Indicated for people who are seeking a quick and localised loss of body volume.

FREQUENCY OF TREATMENT:

2 weekly treatments will be given. From then on, one treatment per month to maintain the results obtained.

STEP BY STEP

(Length of treatment: 1 hour 15 minutes)

- 1 Prepare the skin with a gentle exfoliation using **Double Body Peel**. Apply the product with circular movements and remove it in the shower or with damp mittens.
- 2 Apply the **Anti-Cellulite Concentrate** on the area to be treated, with a gentle massage until totally absorbed.
- 3 Then, on the areas most affected by fatty accumulation, apply a small amount of **Thermo-active Cream**. Due to the hyperemia that this product produces, the burning of the fats will be speeded up. Apply by kneading.
- 4 Apply 50 ml of **Exudation Cream +** over all the area to be treated, in order to protect the skin from the mask that we will apply next and intensify its occlusive action. Spread uniformly by kneading.
- 5 After the cream, cover all the area to be treated with the gauze ensuring it is as tight as possible and then prepare the reducing wrap.
- 6 In a medium-size bowl mix a sachet of 440 gr of **Sculpt Plaster** with 220-230 ml of water and stir vigorously until obtaining a uniform mixture. Immediately apply to the area to be treated with a gloved hand. For a more satisfactory result it is important that during the application and the first minutes of exposure of the mask the client maintains their musculature slightly contracted. This way we boost the remodelling effect.

- 7 Leave exposed for 30 minutes. It is important to cover the area to be treated with plastic to maintain the temperature, intensify its action and so that the exposure is much more pleasant.
- 8 To remove the wrap we should cut it using blunt scissors in order to separate it carefully from the skin.
- 9 Using mittens remove the excess product on the skin and end by applying **Slim Effect Gel** until totally absorbed.



Follow-up at home:

Weekly treatment

Double Body Peel

Double exfoliating action: fossil granules and glycolic acid that eliminate the dead cells leaving the skin silky smooth and uniform.

Perform the peeling twice a week. Apply the product onto the dry skin and massage gently. Then rinse with water.

Daily treatment

Cellulite Control

Cream gel that efficiently combats cellulitis, helps burn stored fat, improves orange-peel skin and reduces centimetres.

Apply in the problematic area morning and/or night until totally absorbed.



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