

BRUNO VASSARI

BODY CARE

FIRMING REMODELLING TREATMENT WITH PLASTER



Body treatments based on the use of cosmetic plaster firm up the tissues providing turgor and consistency from the first session.

Due to its occlusive power it strengthens the passing of active agents through the skin, while remodelling and returning the lost balance to the figure.

INDICATIONS OF THE TREATMENT:

Indicated for people seeking a remodelling of their figure as well as firming tissues.

LENGTH OF TREATMENT:

2 weekly treatments will be done. From then on, a monthly treatment to maintain the results obtained.

STEP BY STEP

(Length of treatment: 1 hour 15 minutes)

- 1 Prepare the skin by means of a gentle exfoliation with **Double Body Peel**. Apply the product on the area to be treated with circular movements and then remove with a damp towel or in the shower.
- 2 Apply the **Firm & Sculpt Concentrate** with vigorous movements on the area to be treated.
- 3 Apply 50 ml of the **Exudation Cream +** over all the area to be treated to protect the skin from the mask that will be applied next and to intensify its occlusive action. Spread uniformly by kneading.
- 4 After the cream, cover all the area to be treated with the gauze, ensuring it is as tight as possible and proceed to prepare the wrap.
- 5 In a medium-sized bowl mix the sachet of **Sculpt Plaster** with 220-230 ml of water and stir vigorously until obtaining a uniform mixture. Apply immediately to the area to be treated directly by hand while wearing a glove. For a more satisfactory result it is important that during the application and the first minutes of exposure of the mask, the client maintains their musculature slightly contracted, so that the remodelling effect of the wrap is enhanced.
- 6 Leave exposed for 30 minutes to ensure we obtain the very best result.
- 7 To remove the wrap we must cut it using blunt scissors in order to separate the plaster carefully from the skin.
- 8 Using mittens, remove the excess product from the skin and end by applying **Premium Firming Cream** until totally absorbed.

Follow-up at home:

Weekly treatment

Double Body Peel

Double exfoliating action: fossil granules and glycolic acid that eliminate the dead cells leaving the skin silky, smooth and uniform.

Perform the peeling twice a week. Apply the product onto the dry skin and massage gently. Then rinse with water.

Daily treatment

Slim Effect Gel

Body gel that favours loss of volume and firms the tissues. The icy freshness, which its active agents provide, stimulates the cellular metabolism which helps to burn the fats stored.

Apply every day, massaging the area to be treated with rising circular movements.

Daily treatment

Premium Firming Cream

Body cream formulated with active agents that provide the epidermis with tonicity, firmness and elasticity.

Apply every night in the area to be firmed with a brief massage.



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